AMENDMENTS TO THE CLAIMS

1	1.	(original) A flexible circuit comprising:
2		a substrate having a plane;
3		a flexible and extensible structure formed within said substrate and co-planar with
4	said substrate; and	
5		wherein said structure is adapted to be extended out of said plane by a distance
5	greater than a	maximum lateral dimension of said structure.
1	2.	(original) The flexible circuit according to Claim 1 further comprising a pathway
2	formed on sai	d structure.
1	3.	(original) The flexible circuit according to Claim 2, wherein said pathway is a
2	capillary for t	ransferring a fluid.
1	4.	(original) The flexible circuit according to Claim 2, wherein said pathway is an
2	electrical lead	for transferring an electronic signal.
1	5.	(original) The flexible circuit according to Claim 2, wherein said pathway is an
2	electrical lead	for transferring an electrical signal.
1	6.	(original) The flexible circuit according to Claim 2, wherein said pathway is an
2	optical fiber fo	or transferring an optical signal.
1	7.	(original) The flexible circuit according to Claim 6, wherein bending radii of said
2	optical fiber a	re large enough to prevent substantial optical loss from said optical fiber.

- 1 8. (original) The flexible circuit according to Claim 1, wherein said structure is a 2 spiral.
- 9. (original) The flexible circuit according to Claim 8, wherein said spiral is an Archimedes spiral.
- 1 10. (original) The flexible circuit according to Claim 8, wherein said spiral is a 2 parabolic spiral.
- 1 11. (original) The flexible circuit according to Claim 8, wherein said spiral is a polygonal spiral.
- 1 12. (original) The flexible circuit according to Claim 11, wherein said spiral is one of 2 a square spiral, a triangular spiral, a pentagonal spiral and a hexagonal spiral.
- 1 13. (original) The flexible circuit according to Claim 1, wherein said structure has 2 geometric features selected from a group comprising spiral, bend, curve, twist, turn, curl, loop, u3 turn and zig-zag.
- 1 14. (original) The flexible circuit according to Claim 1, wherein said structure is defined by perforations.
- 1 15. (original) The flexible circuit according to Claim 1, wherein said structure 2 comprises a boss for receiving a force to extend said structure out of said plane.
- 1 16. (original) The flexible circuit according to Claim 1 further comprising at least a 2 first pathway and a second pathway.

- 1 17. (original) A flexible circuit comprising:
- 2 a substrate having a plane;
- a flexible and extensible structure formed within said substrate and co-planar with
- 4 said substrate, said flexible and extensible structure is adapted to be extended out of said plane
- 5 by a distance greater than a maximum lateral dimension of said structure; and
- 6 a pathway on said structure.
- 1 18. (original) The flexible circuit according to Claim 17, wherein said pathway is a
- 2 capillary for transferring a fluid.
- 1 19. (original) The flexible circuit according to Claim 17, wherein said pathway is an
- 2 electrical lead for transferring an electronic signal.
- 1 20. (original) The flexible circuit according to Claim 17, wherein said pathway is an
- 2 optical fiber for transferring an optical signal.
- 1 21. (original) The flexible circuit according to Claim 20, wherein bending radii of
- 2 said optical fiber are large enough to prevent substantial optical loss from said optical fiber.
- 1 22. (original) The flexible circuit according to Claim 17, wherein said structure is a
- 2 spiral.
- 1 23. (amended) The flexible circuit according to Claim 22, wherein said spiral is an
- 2 Archimedes spiral.
- 1 24. (original) The flexible circuit according to Claim 22, wherein said spiral is a
- 2 parabolic spiral.

- 1 25. (original) The flexible circuit according to Claim 22, wherein said spiral is a polygonal spiral.
- 1 26. (original) The flexible circuit according to Claim 25, wherein said spiral is one of 2 a square spiral, a triangular spiral, a pentagonal spiral and a hexagonal spiral.
- 1 27. (original) The flexible circuit according to Claim 17, wherein said structure has 2 geometric features selected from a group comprising spiral, bend, curve, twist, turn, curl, loop, u-3 turn and zig-zag.
- 1 28. (original) The flexible circuit according to Claim 17, wherein said structure is 2 defined by perforations.
- 1 29. (amended) The flexible circuit according to Claim 17, wherein said structure comprises a boss for receiving a force to extend said structure out of said plane.
- 1 30. (original) The flexible circuit according to Claim 17 further comprising a second pathway on said structure.
- 1 31–36. (cancelled)
- 1 37. (new) A flexible circuit comprising:
- 2 a substrate having a plane;
- a flexible and extensible structure formed within said substrate and co-planar with
- 4 said substrate; and
- 5 wherein said structure is adapted to be extended substantially perpendicular to
- 6 said plane within the region defined by said plane.

- 1 38. (new) The flexible circuit according to Claim 37 further comprising a pathway
- 2 formed on said structure.
- 1 39. (new) The flexible circuit according to Claim 37, wherein said structure is a
- 2 spiral.